Sanford Vet Center
21 Bradeen St, STE. 309 Springvale, ME 04083
Office: (207) 490-1513

RECEIVED NOV 09 2026
Date 11.2.26

Town of Denmark
62 E Main St
Denmark, ME 04022

Dear Town Manager and Recreational Director,

I am writing on behalf the Sanford Vet Center to introduce you to the Department of Veterans Affairs Vet Center Program. You can locate us at https://www.va.gov/sanford-vet-center/. We are Conveniently located in your community; Vet Centers help Veterans and their family build meaningful connections and develop tools for achieving success in both your military and civilian lives.

It is because of Vietnam Veterans that Vet Centers exist today. These Veterans refused to be forgotten, refused to be stigmatized, and insisted on a program where they were at the center of their care. We remain grateful to them for ensuring generations of men and women can turn to the support and community of a Vet Center.

We focus on providing services to Veterans and Service Members who supported or served in combat operations, areas of hostility, stateside deployments or endured military service-related trauma to include military sexual trauma. We also serve their families in coping with a deployment, to support the growth and goals of the Veteran or service members, and in certain cases to provide bereavement services. Eligibility varies based on individual military experience including those with service in the National Guard, Reserve, and Coast Guard. We look for reasons and means to qualify individuals rather than turn them away. If someone is found to not meet our eligibility, we will work with them to find available community resources that may be suitable.

Our Services include Counseling, Referral Services and Community Engagement.

We offer individual, group, couples, and family counseling to talk through problems, brainstorm solutions, discuss what resources are available, and work with you to create effective and practical plans for your personal growth.

We provide medical, benefit, employment, and other VA and community referral services to help Veterans and their family navigate time-consuming tasks, like applying for VA benefits or finding a job.

Vet Centers help connect Veterans with their community by working with local partners and using our resources to advocate for your needs. Ultimately, this allows us to create a greater support system.

Our Priorities include providing a safe and confidential environment of care. Our records cannot be accessed by other VA or DoD offices, military units, or other community networks and providers without your permission or unless required to avert a life-threatening situation. Here, you can be as open as you want — there's absolutely no judgement.

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Guided by professionals who get it. Our highly trained counselors and team members are dedicated to seeing you through the challenges that come with managing life during and after the military. Most of us have also served, so we understand common Veteran and military experiences.

Vet Center services are available to Veterans at no cost, regardless of discharge character, and without the need to enroll in VA health care or have a service-connected disability. We also have appointments available to fit their schedule. We encourage them to call or stop by for more information.

Our Core Benefits include a welcoming environment. Our Vet Center community treats you like family. We work hard to ensure you feel respected, safe, relaxed, and comfortable with everyone while you are here.

Community of support. Whether you come in for one-on-one counseling or to participate in a group session, Vet Centers allow you to form social connections, try new things, and build a support system with people who understand you and want to help you succeed.

Practical and therapeutic services. At Vet Centers, one size does not fit all. From talk therapy to recreational activities, our team works with you to identify your individual goals and find the right plan that meets them

Statistical information from surveyed responses of recent clients includes:

93% of those who use Vet Centers say their quality-of-life benefits from our services.
94% of those who use Vet Centers trust us to provide services that improve their lives.
95% of those who use Vet Centers feel their appointments are scheduled within a reasonable amount of time.
97% of those who are new to Vet Centers say they feel welcome and safe.

We would be honored to have you join us in this effort to spread the word and to assist Veterans that have specific needs to contact us.

If you or your agency would like to learn more about the Veteran culture and how we, through a collaboration, can help support our Veteran community please reach out us at 207-490-1513 or via email at mark.braun@va.gov.

Thank you for considering this opportunity to make a positive impact on our community. We look forward to the possibility of working together for the betterment of our military Veterans within our service area.

Sincerely,

Mark Braun
Veterans Outreach Program Specialist

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